

PARENT SUPPORT GROUP

2ND
WEDNESDAY OF
EACH MONTH
3:30 - 5 PM
SOUTH
ELEMENTARY
SCHOOL
1535 EVERETT
DES PLAINES

FREE

Open to all parents or guardians of pre-K to 5th grade students who live in Maine Township or who have a child attending any Maine Township school.



LEARN NEW SKILLS, STRENGTHEN FAMILY RELATIONSHIPS, AND SHARE KNOWLEDGE AND EXPERIENCE WITH OTHER PARENTS

Join us for our free monthly parent support group and learn new practical skills you can use right away! Topics will be tailored to the interests of those in attendance and include positive parenting strategies, effective discipline, enhancing the parent-child relationship, communication, tantrums, eating and bedtime difficulties, self-esteem, and peer relationships. Group discussion is structured around principles from *Parenting the Love and Logic Way*. Ample time will be allowed for questions as we explore answers to common parenting concerns.

Refreshments will be served and childcare is provided free of charge.

For more information or to sign up, please contact
Richard Lyon at rlyon@mainetown.com or 847-297-2510 x261
or Cristine Ruiz at ruizabarcam@d62.org or 847-824-1566.



MaineStay
YOUTH & FAMILY SERVICES

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