



# MAINESTREAMERS-CONNECT

Maine Township, 1700 Ballard Road, Park Ridge, IL 60068 - (847) 297-2510

## Dear Members,

We hope you are staying home and healthy during this uncertain time. Please stay connected with us by participating in virtual programs and activities we are offering such as Zoom Coffee Talk, Bingo and Comedy Hour/Trivia. To access these programs visit our website:

<https://mainetown.com/departments/mainstreamers/>

Click on "Activities to Do During the Stay at Home Order"

**We are very excited to offer two special programs via Zoom:**

## Eddie Korosa Jr. Happy Hour



**Friday, June 5th - 6:00 p.m.**

## Derick Lengwenus, Comedy



**Friday, June 19th - 5:00 p.m.**



## Free Masks for Maine Streamers Hand Sewn by Maine Streamer "Heroes"

Due to Covid 19, the state of Illinois has mandated the use of face coverings when out in public. It has come to our attention that for some members these masks have been hard to come by. In true Maine Township spirit, several of our own Maine Streamer "Heroes" have devoted their time to hand sew reusable cotton face masks for our members. Sharon Slobodecki, Carol Szymanski, Joyce Ratliff and Carol Witcher managed to make over 500 face masks in a very short span of time. These masks will be available for distribution at Maine Township Town Hall free for Maine Streamer members only. Please call the Maine Streamers, Monday through Friday, 9:00-5:00, at **847-561-1366** by May 28th to reserve your face mask and for distribution details. Maine Township, including the Maine Streamer staff, would like to thank our Maine Streamer "Heroes" and let them know how proud we are that they devoted their time to help our community. In addition to our members, we would also like to thank Krysia Link-Wardawy, Ania Ostrowska, Superhero Masks, K & K Dress Making, Rest in His Arms Angel Gowns and Hephaestus Technologies for their donations.

## Trips On Paper

### **Chicago Loop Cowpath at 100 W. Monroe - since 1844**

Chicago had many secret tunnels used as Prohibition - Era getaway routes. Prior to Prohibition, one passageway was built specifically for cows. In 1833, a farmer named Willard Jones purchased a ninety-foot-wide plot of land at Clark and Monroe Streets. An investor sold half the land a decade later with one provision that Jones had the right to continue using the ten-foot-wide cow path. By the 1870's, transporting livestock in the Loop was illegal except for the Monroe Street Cattle path. In 1927, one hundred years after Jones purchased the land, a developer wanted to build an office building. The courts granted them the right to erect a twenty-two story building, but only if it included access to the passage. The Hyatt converted the 100 West Monroe Building into a hotel preserving the cow path. Today, the corridor is used for hotel and kitchen storage, but you can still use it as a shortcut to LaSalle Street.



### **Chicago Skyspace**

*Have you ever wondered what the round building at Roosevelt and Halsted is?*



The Chicago structure is the first perceptual permanent structure known as "Skyspace", designed by artist James Turrell to be fully public, meaning accessible to anyone at any time, all year round. Inside, concrete benches encircle decorative pavement in which lights are set. The ceiling and walls of the pavilion, above and below the ring of frosted glass, are painted white. An elliptical hole has been cut into the ceiling that not only exposes a segment of sky but also seems to bring it down, making the sky appear from below as part of a flat roof. This creates an illusion that the sky is a design on the flat ceiling. The most dramatic times to view the Skyspace are at dawn or dusk, when the sky's changing light plays off the chamber's colored lights. According to Turrell, his work "deals with light itself, not as the bearer of revelation, but as revelation itself." Surrounded by the hectic cityscape, the Skyspace invites visitors to see Chicago in a new light.

## Did you know there is a Yellow Brick Road in Humboldt Park?

A yellow brick road was recently completed in Chicago's Humboldt Park Neighborhood in memory of L. Frank Baum, who wrote "The Wonderful Wizard of Oz", while living at 1667 N. Humboldt Boulevard in 1899. The yellow brick road at the corner of Humboldt and Wabansia spans about 70 linear feet and also includes a 5 x 11 ft Oz-themed mural by Chicago artist, Hector Duarte.

Last summer, nonprofit developer, Bickerdike Redevelopment Corporation, finished rehabbing nine units of affordable housing on the corner. One of the units sits on the site of Baum's former home.

Baum was born in 1856 in Chittenango, New York. He worked as a newspaper reporter for many years, first in South Dakota and then in Chicago in 1891. According to the Tribune, Baum was 44 when he wrote "The Wonderful Wizard of Oz," one of the most well-known children's stories in American history.



## Henry Darger, Chicago's most famous artist.



Henry Darger wasn't famous. In fact, few people knew him. For most of his life, Henry Darger was a hospital janitor and dishwasher in Chicago. He lived in a single room apartment in Lincoln Park. Shortly after his death in 1973, his landlord, cleaning up his apartment, discovered more than 350 watercolor, pencil collage, carbon-traced drawings, paintings over 10ft., seven typewritten hand-bound books, thousands of typewritten sheets and several journals.



After the discovery of his art, Darger's work was celebrated across the world. He became known as the greatest self-taught artist of the 20th century. In 2008, Darger's work and personal possessions became part of a permanent installation at Intuit, The Center for Intuitive and Outsider Art, Chicago. The Henry Darger Room collection is a re-creation of his living and working space, which he called home for nearly forty years. The installation features his typewriter, cartoons, paintings and his original fixtures. Henry Darger is buried in All Saints Cemetery, Des Plaines, in a plot called "The Old People of the Little Sisters of the Poor Plot". His headstone is inscribed "Artist" and "Protector of Children".

## Laugh Corner



I've eaten 14 meals and taken 6 naps and it's still today!!

Had I known in March that it was the last time I would be in a restaurant, I would have ordered dessert.

I used to spin that toilet paper like I was on Wheel of Fortune. Now I turn it like I'm cracking a safe.

2020 is the Year of the Rat; We are all in hiding. We only come out to get food. We store the food in our homes to eat later. And we run away when people come close to us.

I hope the weather is nice tomorrow for my trip to "Puerto Backyards", I'm getting tired of "Los Living-room".

Classified Ad: Single man with toilet paper seeks woman with hand sanitizer for good clean fun.

Day 6 - of Homeschooling: My child just said, "I hope I don't have the same teacher next year"

Day 7 - Removed my Day Pajamas and put on my Night Pajamas.

Sitting on the couch and my husband sweetly whispered... "The best part about all of this is that I get to spend more time with you" as I looked over at him lovingly, I realized he was talking to the dog - not me!

## Health Corner

### **Healthy Walking**

While you should stay at home as much as possible and limit time in public places to only essential tasks such as buying groceries, going outside is still encouraged. This means you can exercise outside. Keep in mind to do it safely. Some people seem to be (jokingly?) concerned about the "quarantine 15," and while gaining weight should literally be the least of your worries right now, old habits are hard to break. So, rest easy knowing that a daily walk could help counterbalance any comfort food you choose to (rightfully) indulge in. The ACSM recommends 30 minutes or more of moderate-activity for those looking to lose weight—the equivalent of about an hour-long brisk walk 5 days a week, or a 45-minute walk daily. Just remember, if you're new to exercise and/or walking, it's important to slowly build up how much you're able to walk each day.



## Broadway Corner

**Hamilton** is 20,520 words rapped and sung over the course of 2 hours and 50 minutes. There is only one scene in the play in which the dialogue is not in song.

It all started in 2008. Playwright Lin-Manuel Miranda was headed to Mexico on vacation. After browsing in an airport bookstore he bought a copy of Ron Chernow's biography *Alexander Hamilton*. Miranda was fascinated by Hamilton's life and was inspired to write the musical. He spent the next six years doing so. He met author Ron Chernow and hired him as historical consultant to the musical. Miranda took some artistic liberty but the play is largely historically accurate.



Miranda's research for the musical also included reading all of Alexander Hamilton's archived letters. Miranda also visited numerous historic sites related to the Revolutionary War and the site of the infamous Burr-Hamilton duel in Weehawken, New Jersey. The famous scene in the show depicts this duel between Alexander Hamilton and Vice President Aaron Burr, which ended Hamilton's life. Today, there is a memorial plaque marking the site.



*Hamilton* premiered on Broadway in 2015 and won 11 Tonys including Best Musical. Lotteries that offer a chance to win cheap tickets to costly shows are a Broadway tradition. Hamilton's producers gained publicity for their lottery by virtue of charging \$10 for the tickets since Alexander Hamilton is pictured on the ten dollar bill.

When the show travels to a new city, it takes fourteen 18-wheel trucks. Sets alone fill 2 trucks. Other notable items the show travels with include lighting instruments, sound equipment including speakers, props, a copy machine and a unique floor for the stage. The trucks also haul wigs and costumes for 28 to 32 cast members. The theater world calls costume trunks "gondolas" and costumes for *Hamilton* fill up 42 gondolas.

To help ease everyone's stress and the toll from dancing and moving heavy equipment takes on the body, a full time physical therapist also travels with the show.

Through Lin-Manuel Miranda's unique use of modern story telling methods, *Hamilton* has been described as being about "America then, as told by America now."

## Evelyn's Kitchen Corner

### **Anytime Tomato Salad**

1/4 cup apple cider vinegar  
 1 tablespoon brown sugar  
 1 tablespoon canola oil  
 1/2 teaspoon salt...pepper to taste  
 3/4 cup thin sliced red onion  
 1 pint of grape tomatoes halved  
 1 small cucumber thinly sliced

#### Directions

Whisk together first 4 ingredients. Add onions and let stand for 10 minutes. Add tomatoes and cucumbers and stir gently to combine. Refrigerate to let the flavors meld. This is great as a side to a sandwich or chicken, pork or beef entree. Way better than a tired old lettuce salad loaded with fat filled globby dressing!

### **Five Can Tortilla Soup**

1 (15 ounce) can whole kernel corn  
 2 (14.4 ounce) cans chicken broth  
 1 (15 ounce) can black beans  
 1 (10 ounce) can diced tomatoes with green chili peppers, drained

#### Directions

Open the cans of corn, chicken broth, black beans, and diced tomatoes with green chillies. Pour everything in a large saucepan. Simmer over medium heat until heated. Serve over tortilla chips, top with shredded Cheddar cheese and diced avocado. Recycle the cans and no one will know that it is not from scratch!

## Helpful Shopping Tips

The following local grocery stores have designated senior shopping hours.

### ***Jewel***

Dempster, Niles  
 Senior Hours  
 7am-9am (Tuesday and Thursday)  
 6am-10pm All Customers

### ***Mariano's***

1900 S Cumberland, Park Ridge  
 6am-8am Senior Hours  
 8am-10pm All Customers

### ***Shop & Save***

518 Metropolitan Way, Des Plaines  
 6am-7am Senior Hours  
 7am-8pm All Customers

### ***Tony's***

8900 N Greenwood, Niles  
 7am-9am Senior Hours  
 9am-10pm All Customers

### ***Trader Joe's***

190 N Northwest Hwy, Park Ridge  
 8am-9am Senior Hours  
 9am-7pm All Customers

### ***Whole Foods***

225 Touhy, Park Ridge  
 8am-9am Senior Hours  
 9am-8pm All Customers