

# Craft - Tea Light Jars



These pretty jars are a lovely gift or room decoration. By using a battery-operated tea light, they can have their beautiful creation in their room.

We have trialled a couple of different decoration alternatives, so you should be able to find an appropriate version for your participants. They are quite easy to make and could be an activity for all residents regardless of abilities. If you have cognitive or visually impaired participants, you will need to offer more personalised assistance.

You may need to purchase the jars or containers. If you feel that the glass could be a dangerous option for your residents, they you could use a clear plastic container as an alternative.

We used both acrylic and liquid water colour paints. The acrylic paints were used with a sponge to give a very nice decorative effect. The water colour we just painted on and it is very attractive without the light on also.

In our activities cupboard we found some stickers and used those also. If you wanted to you could paint the container first and place the stickers. The sticker alternative is a great option for those participants who are physically restricted. You can place the sticker in their hand and have them place it where they want to put it on their light.

We found the best way to paint the jar was to place your hand inside the jar, so you may like to think about gloving the participants if they would like or if it is easier than having to wash their hands.

The instructions are below, they are structured so that you can give the guideline to your participants.

# Craft - Tea Light Jars

## What You Will Need

- Clear glass or plastic jars
- Paint either acrylic paint or liquid water colour paint
- Stickers or ribbon (if desired)
- Battery Operated Tea Light
- Paint brushes and or sponge



## How to Create Your Tea Light Jar

1. Decide on what or how you want to decorate your tea light jar.
2. If using paint, do you want to paint it on or use a sponge?
3. Apply the paint. Brush on however you want or, if you are using a sponge, simply dip the sponge into the paint and apply. Alternatively, you can apply the paint to the jar with a brush and then go over it with the sponge to give a motley effect.



4. Once the paint is dry you can apply stickers or ribbon to decorate.



5. If you are using just stickers apply the stickers to the jar wherever you wish. Try to work out the design prior to sticking so you know where to put them. You could even mark it with a marker pen where you want to put them.



6. Turn the battery-operated tea light on and place it into the jar and enjoy!

