

October 2022 MaineStreamer's Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 10:30-11:30 Senior Aerobics 6:00-7:30 Yoga	4	5 1:00-2:00 Senior Aerobics	6 Day Trip: Grease 8:30-6:30 12:30-2:30 Bingo	7	8
9	10 	11 5:30-7:30 Twilight Dining 	12 Day Trip: Opera In Focus 12:45-6:15 1:00-2:00 Senior Aerobics	13 8:30-11:00 Newsletter Mailing	14	15
16	17 10:30-11:30 Senior Aerobics 6:00-7:30 Yoga	18 12:30-3:10 Movie – "Father Stu" 	19 1:00-2:00 Senior Aerobics 12:30-2:30 Day at the Races 	20 Day Trip: The Little Traveler 10:00-4:30 	21 Informative - Town Hall 10:00-11:00 Presenter: Martina Mathisen "Chicago: True Stories of the 1920's" 	22
23	24 10:30-11:30 Senior Aerobics 6:00-7:30 Yoga	25 Day Trip: Fall Foliage Train Ride - Lunch 9:30-4:30  Board Meeting	26 10:30-12:00 American Classic Tours Travel Fiesta  1:00-2:00 Senior Aerobics (Make Up)	27 6:00-7:00 North Suburban Legal Aid Clinic	28 Fun Day Friday 10:00-11:00 "Price is Right" 	29
30	31 10:30- 11:30 Senior Aerobics Yoga (Make Up if Needed)					

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